

Edinburgh Integration Joint Board

Draft Strategic Plan 2019 – 2022

Easy Read

The integration of health and social care



The law has changed to improve health and social care services in Scotland.



The Edinburgh Integration Joint Board (EIJB) has members from Edinburgh Council and NHS Lothian.

They are responsible for planning health and social care services. They have to make a plan every three years.

The members of this board are set by the law.



They work with the Edinburgh Community Planning Partnership to develop a community plan.

In Edinburgh health and social care is mainly delivered in local areas. These are called localities.



The community should be involved in planning and running services.



We have four localities in Edinburgh. In these you can get health and social care services and organise longer-term support.

Each locality makes a plan to meet local needs.

The Management Team meet monthly to check services and help them improve.



Key areas have done well:

- Less people waiting for an assessment for support.
- Less people waiting for a support review.
- Less people waiting for help with care.
- Less people waiting to come out of hospital.

How we want services to look



The Edinburgh Integration Joint Board (EIJB) want a caring, healthier and safer Edinburgh.

We should have a health and social care system that we can afford. Services should be trusted.



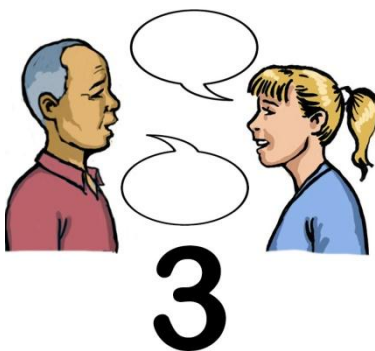
We will have a plan of change that will update services.

We will improve work to support independence and promote equality.



We will assist people to stay at home for as long as they can. Moving from hospital services in to the community.

We will support carers and our staff members.

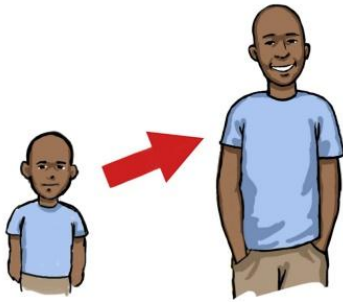


The Three Conversations Model will be used to work towards our main areas.

These changes will take time.

In the next three years we must move to modern health and social care.

Supporting themes



- A move towards early action.
- Working across different stages of life.
- Service users able to plan their own care.
- Services joined up and working together.



- People get services at the right time.
- All services are supported to meet the needs of people.



- People know what services are available and how to use them.
- Build closer links with services so that people are not referred or trapped.



- Service users are involved in how all services are used and improved.
- Carers are supported in their health and wellbeing.
- We know that services are successful when people have improvements in their life.

Background



People are living longer.

This is good but it means there are more medical conditions and it can be harder for carers and services.

The government are also more aware of what it is like to have a mental illness or live with disabilities.

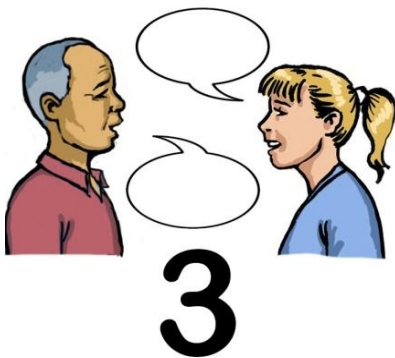


More people are using health and social care services. Therefore costs increase. Such as:

- More people going to the GP.
- More people needing care at home.
- More people needing to go into a care home.
- More people going to emergency hospital visits and having to stay in.



We need to understand the issues all over Edinburgh. It helps our planning. If people are healthier they will not need as many long term services.



We will use the Three Conversations Model to support communities and not just offer services. This is important in poorer areas.

The hardest area for public services is making sure everyone is equal.

It is important to act early. Services need to be flexible and be able to respond to whatever people need.



Edinburgh does not have enough affordable and social housing. Health and social care is an important part of housing planning.



Staff members are important and we have to make sure we have enough. We are making a staff plan that will be part of our change plan.



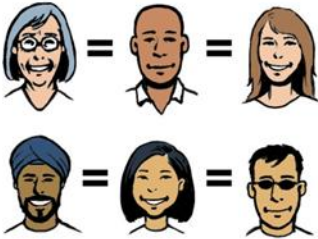
The voluntary and independent sectors are important partners in health and social care. We need to work together. We need to use what we have in the best way.



Carers play a key role in keeping people in their own homes and community. We must provide support to carers that is based on their needs. We will also provide an information and advice service for carers.



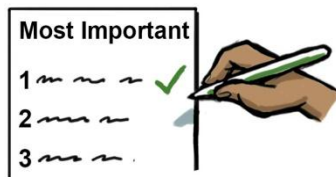
The Edinburgh Offer. Will be a statement of what health and social care services will look like.



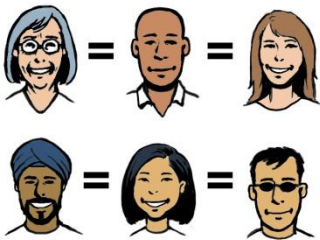
We believe people are experts in their own lives. We aim to work with individuals and their carers to see what matters most to them and support them to reach their goals.

Age, disability or health conditions should not stop people living a safe and good life.

What is important to us?

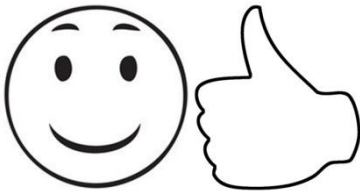


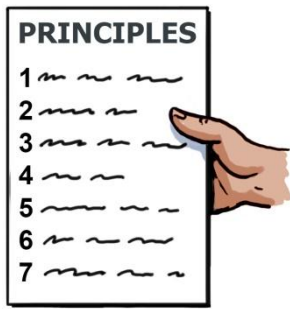
What we think is important plans our thinking and decisions.



There are six main areas:

1. A move towards early action.
2. More equality.
3. Care based on the person.
4. Managing our services.
5. Making best use of what is available.
6. Right care, right place, right time.





There are seven principles which are at the centre of planning and running services:

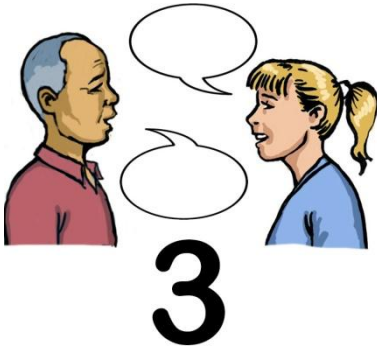


1. Home First. Whenever possible support individual choice. We must do what we can to help a person stay at home.
2. Integration. Working together is important for planning and decision making.
3. Engagement. Improve working with and speaking to people.
4. Respect. We respect people in everything we do.
5. Fairness. Provide fair information about the choices available and have more equality.
6. Safer. Work in partnership to support individuals to feel safe and secure.
7. Affordable. Decisions should be made that think about long-term plans and value for money.



The wellbeing of people living in Edinburgh must be the most important thing.

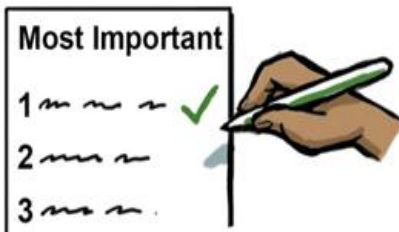
The Three Conversations model



The Three Conversations model has been used well in health and social care.

The model works in a different way without more staff or cost.

The model is based on the way it is done with new sites and new rules.



The normal method of care is to decide the level of support the person needs. People have to wait for an assessment for services.

We want to change from the idea that we need to process people and the need for formal services.



Conversation 1: Listen and connect. How can I connect you to things that will help you get on with your life? What do you want to do?

Conversation 2: Work with people in crisis. What needs to change to make you safe and have control? How can I help make that happen?



Conversation 3: Build a good life. What is a fair budget? What does a good life look like? Who do you want to be involved in support planning?

There are rules about working in this new way. We have to stop thinking we should assess people for services.

The way forward



This change plan is needed to improve the health and social care partnership.

We worked with a wide range of people including service users, carers, staff, housing colleagues, and the independent sector. This helped make the plan and has been used for future planning.

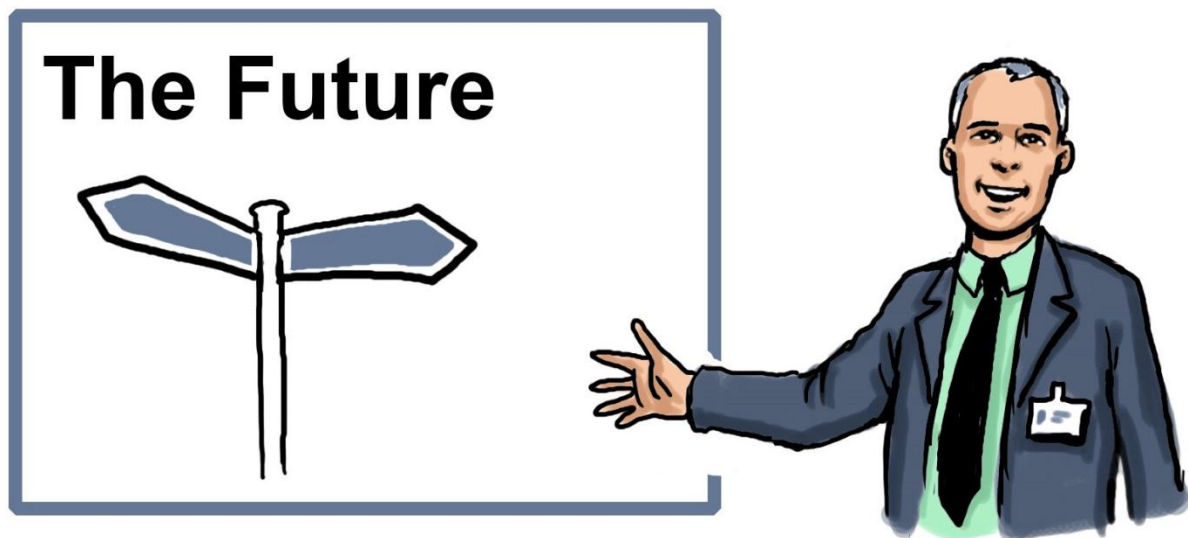


In this plan there is a lot to do including more planning and partnership work. It will only work if we take the difficult decisions to move services towards the community. This will require changes to services.

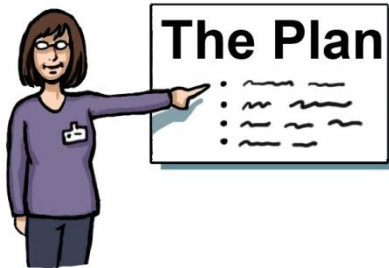
Over the next three years we will:

- Plan new housing and care models.
- Plan hospital level care at home.
- Use the Three Conversations model.
- Work on the Edinburgh offer.
- Review hospital bed use.
- Make a care home model that meets changing needs.
- Use technology.

The plan has been made around the Three Conversations model.



Planning



Planning of services is being looked at.

We are looking at current work plans to see if they have been done or not.

New work plans will be made. They will set out funding and what should happen. We will check work plans and how things have been done.

Finances



The Integrated Joint Board only has so much money. It is important to plan to make the best use of this money and services.

The public want health and social care services to meet changing needs.

Each year we agree a budget with partners in Edinburgh Council and NHS Lothian. They both need to work with the money they have.

Our change plan thinks about savings in the medium to longer term. However we also have to make savings now.

We will aim to keep improving.